



PILATES STUDIO KILDARE

Keep Strong & Healthy

Claregate Street, Kildare Town. Tel: 045-527903. Txt: 087-6674863
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Studio Policies

- ⊙ **Booking is essential for all Pilates Group Classes and Private Sessions.**
- ⊙ **We operate by First-Come First-Served booking.**
We strive to give preference to current clients, please contact reception.
- ⊙ **€20 deposit is required to save a spot in any Group Pilates Courses.**
Deposits to be paid up to a week before course starts. If you fail to pay your deposit we cannot guarantee your place in class.
Deposits are non-refundable and non-transferable.
- ⊙ **Waiting lists in operation for Group Courses & Private Sessions.**
When/If a place becomes available we will contact you promptly.
- ⊙ **Full payment / Balance MUST be paid by first class.**
Failure to pay for course will result space given to next person in waiting list.
- ⊙ **Private Packages must be paid in advance** - Single Session fee will be applied otherwise.
- ⊙ **Payment at reception by cash or cheque only.**
If you'd like to pay with debit/credit card please let us know we'll issue an electronic invoice to pay on-line. Please note additional fees may apply using on-line payments.
- ⊙ **All payments are non-refundable and non-transferable.**
- ⊙ **All clients must complete and return a registration and health form (PARQ)** prior to attending Private Sessions, Group Classes or Workshops.
- ⊙ **All Pre & Post Natal Clients must consult and get consent from GP prior to taking part in Pre/Post Natal Pilates class.**
- ⊙ **You must inform your instructor if you have any injuries or any health issues.**
Please talk to your instructor prior to class commencing.
- ⊙ **Please do not come to class if you are sick or have anything contagious.**
We try hard to keep ourselves strong & healthy – please don't share your bugs with us.
- ⊙ **Classes missed during a course can be made-up within course period (limited to 2 classes missed per course).**
If you cannot make it to a class please let us know in due time. An alternative class time will be offered to you, subject to availability.

We look forward to welcoming you to our studio!

Hope to see you soon...